

Gn 74
60
3/3/3

**My body knows
exactly
what to do.**



Grateful

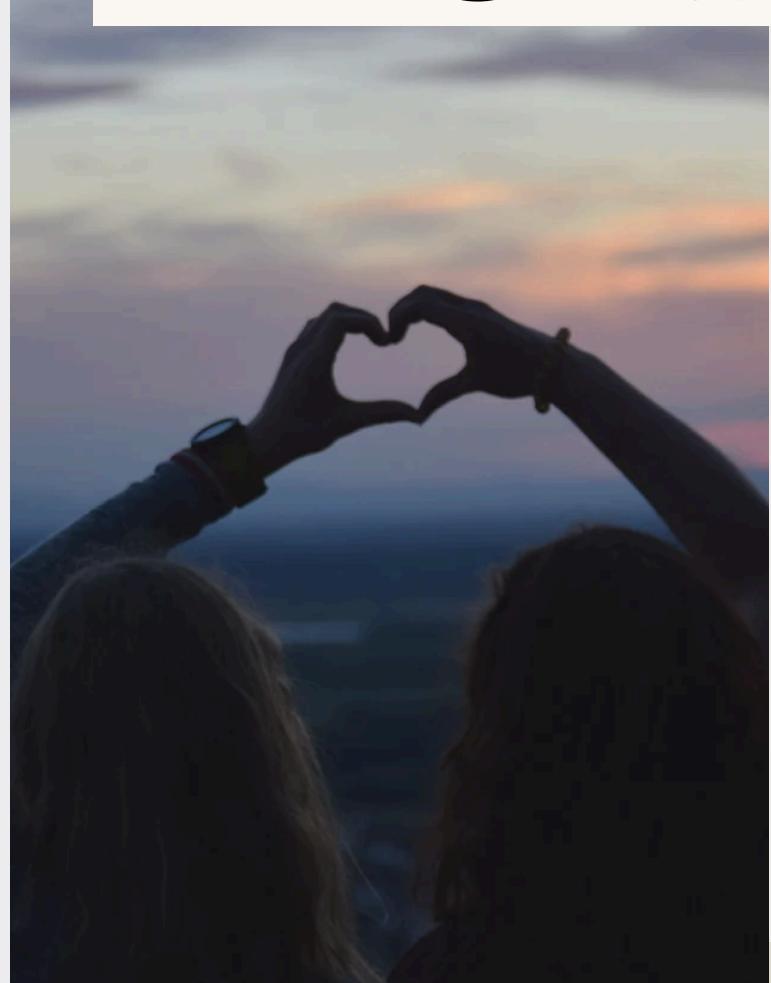


Mom Life

**A great
adventure is
about to begin!**



MY VISION BOARD



Affirmations

**My body is capable
and strong.**

**I am ready to
welcome a new life.**



Love



Goals

**To experience a
calm and
peaceful birth.**

